This edition of Links Newsletter highlights an important milestone reached for the Rajani FASD Assessment and Diagnostic Clinic Training Services. We have achieved 10 years of providing training, resources, mentorship, and connections with clinics across Alberta and other jurisdictions. When designing the 10-year timeline (in this newsletter) and recollecting highlights from our projects, what stood out were the numerous connections and relationships made and maintained with clinicians, coordinators, community and other stakeholders across Alberta and beyond. Coordinators especially have provided input and feedback on training needs, resources, clinic efficiencies, and practices that have been shared with other clinics. Many of you have completed endless number of surveys and questionnaires that enabled us to organize relevant and meaningful coordinator meetings, Community of Practice and other events, and contribute to important research.

The presenters who began with the Clinic Training Services in 2011 are still integral to its successes and continue bringing their expertise to events and training sessions: Dr. Hasu Rajani, Pediatrician; Brent Symes, Ph D., Reg. Psychologist; Dr. Leigh Wincott, Pediatrician; Monty Nelson, Ph D., Reg. Psychologist; Dr. Mansfield Mela, Psychiatrist. The Executive Director for LCFASD in 2011, Audrey McFarlane (now ED for CanFASD Research Network) was instrumental in realizing this training services program, and played an important role in setting the goals and work plans to move forward and continue for so many years.

Please take time to reflect on the successes of your clinics and accomplishments. There are many other clinics that will soon reach 10, 15 and 20-year milestones of delivering FASD clinic services.
Clinic Highlight

Submitted by: Fayla Vedres, Pediatric Intake Coordinator-Lethbridge Family Services (LFS)

I am the Pediatric Intake Coordinator for the Lethbridge Family Services (LFS) FASD Assessment and Diagnostic Services. Though I am new to my role with the FASD Clinic, I have been working for LFS in the DaCapo Program (disability services) for close to 13 years. Born and raised in Lethbridge, I graduated from the University of Lethbridge in 2006 with a degree in Education.

Our FASD Services has been in operation for over 10 years, under the direction of the South Alberta FASD Network. Our clinic offers pediatric and adult assessment and diagnostic services, as well as a rural clinic located in Pincher Creek. Our catchment area spans west to the B.C. border, east to just before Brooks, south to the US border and north to outside of Claresholm. This year, our clinic Psychologist for 10 yrs. James Sanders, decided to pass the torch so he was able to pursue research as a university professor. We will miss James’ knowledge, experience and comradery, but are happy to welcome Patrick McFarland as our new multidisciplinary team Psychologist! James trained and mentored Patrick for a year and he is well prepared for this role. Our multidisciplinary clinicians include: Speech Language Pathologists (for pediatric and adult clinics); two Pediatricians and one General Practitioner. Nadine McGill (Clinic Coordinator), Brittany Lee (Follow-up Coordinator) and I are also part of the pediatric clinic team. The goal is to assess 36 children/year. The current wait time is around 18 months. Krista Tittemier is the adult FASD Clinic Coordinator. She manages intake, clinic day and follow-up! We try to assess 12 adults/year, with a current wait time of around 12 months. In addition, we have our steadfast Program Manager, Lynette Taal. Ours is an awesome and ambitious team, and I am lucky to work alongside experienced and caring individuals. In my spare time, I am an avid dog lover, I love to cook (and eat), listen to music, play with my one-year-old son and, along with my husband and son, I enjoy the outdoors and the beautiful landscape that Lethbridge provides!

Fayla’s dog Bernard -High Level Bridge
On January 19th 2021, the Rajani FASD Assessment and Diagnostic Clinic Training Services presented a half day training for new, and current FASD clinic team members. This virtual event was attended by 46 clinicians and coordinators from across the province. Presenters were Dr. Hasmukhlal (Hasu) Rajani, Pediatrician, and Brent Symes (Ph.D.), Reg. Psychologist. Content included recommendations of the diagnostic guideline, the brain domains assessed for FASD diagnosis, clinician roles/responsibilities and detailed information on screening for and diagnosing affect regulation. In past years this annual training was face-to-face, however, using a virtual platform allowed increased access for individuals to attend from anywhere in AB, and reduced costs and time associated with travel.
INITIATE
Rajani FASD Clinic Training Services delivers training & supports to Alberta FASD clinics. Program is named after Dr. Harms of the FASD Foundation.

DEVELOP RESOURCES, DELIVER TRAINING
The Rajani Clinic Training Project guides the Alcohol and Drug Council, with the first council meeting in 2014.
Delivered training in Iqaluit, Nunavut, in addition to 12 face-to-face training sessions across Alberta on the revised Canadian Diagnostic Guideline (Cook, J. et al., 2015).

INCREASE CAPACITY, CONSISTENT PRACTICES, EXPLORE VIRTUAL OPTIONS
Amber Bell hired to assist Colleen Burns with program coordination.

2011
First Annual Alberta FASD Clinic Coordinator meeting takes place in Edmonton.

2012-2013
Provincial training event for Assessment and Diagnostic teams University of Alberta.
FASD clinics are surveyed to identify their training needs.
Delivered FASD training to Happy Valley-Goose Bay, NL, diagnostic clinic. Labrador Grovedale Health. Brent Symes PhD & Dr. Rajani presented.

2014-2015
MENTOR, SUPPORT, INFORM
Clinic Training manual completed.

2016-2017
FASD Clinician Community of Practice (COP-Edmonton), with MNHP and MDC-3 CME Accreditation awarded for this event.

2018
Mentored Labrador Grovedale Health FASD clinic using telehealth to connect trainers and clinic team.
National FASD Conference-Edmonton. Dr. Rajani presents on Canadian FASD Di Guideline.

2019
Community Based Clinic Model Poster presentation at International FASD Conference, Vancouver.

2020
Webinars instructed on virtual platforms for FASD Ax and Dx clinic processes.
Telehealth Pilot project: clinic processes completed, using virtual platforms for pediatric clients.

2021
Revision of the Clinic Manual, a comprehensive guide for emerging and current clinicians.

2011-2021
https://lcfasd.com/training-services/
In February and March, 2011, Lakeland Centre for FASD undertook an independent review by surveying current and future FASD assessment and diagnostic training needs, investigated the options for delivering effective training, and identified barriers and challenges in accessing clinic team training. Although this survey focused on current and anticipated training needs, much information was collected about how clinics adapt and modify to meet the unique circumstances of their regions. Respondents highlighted the importance of current, consistent Ax and Dx training; supports allowing clinics to remain independent, while following best practices and recommendations of the Canadian Guidelines (at that time, the 2005 guideline). Ongoing training, supports, and developing resources would be best managed within a system that is accessible to all clinics, and where information is current and relevant. Links Newsletters would give opportunity to:

- Connect with one another to share experiences and useful information;
- Be updated on current research and other topics relevant to assessment & diagnosis;
- Receive information on training events & meetings;
- Provide links to web-based publications, resources & sites;
- Keep current with clinic coordinator changes & contacts.

In July 2011, the Alberta FASD-CMC provided funding to develop, facilitate and deliver a continuum of training, resources and supports for Alberta FASD Assessment & Diagnostic Clinics and their team members through a partnership with the Rajani FASD Assessment and Diagnostic Clinic Training Services. This project honors Dr. Hasmukhlal (Hasu) Rajani, Pediatrician, for his commitment, expertise and long-time dedication to FASD. The clinicians, whose expertise and experience in FASD assessment and diagnosis are key to the program’s success and continuity are: Dr. Hasmukhlal (Hasu) Rajani, Pediatrician; Brent Symes, Ph.D., Reg. Psychologist; Monty Nelson, Ph.D., Reg. Psychologist; Dr. Leigh Wincott, Pediatrician; Dr. Mansfield Mela, Psychiatrist. Colleen Burns began as the training services coordinator in 2011 and continues in this role.

Fast forward to 2021 and ten years later, not knowing if this project would carry on or continue with the goals identified in 2011. The program has delivered over 100 training events, developed dozens of resources, and has 39 editions of Links Newsletters to date.
However, the benchmark of our project’s successes isn’t measured by resources we de-
velop or numbers of training events delivered: our project continuously strives to ‘do bet-
ter’, always looking for ways to improve our services, move forward as evidence-based
and emerging best practices are realized, and keeping our audiences and those we pro-
vide services to as our most valued assets and partners. Our goals are to meet the needs
of those we train; provide ongoing mentorship, and advance our knowledge and expert-
tise with meaningful research and engagement with clinics across Alberta and other juris-
dictions.

By thinking about who we deliver services to, we make every effort to measure up to the
highest expectations:

- Opinions, feedback and inclusivity are valued;
- Involve clinicians, coordinators, managers, policy and government stakeholders;
- How do we perform as an individual, a team or as a program in meeting those expec-
tations?
- Create capacity and space for an environment that supports innovative ways of deliv-
ering services and supports improvement.
View and compare documents side by side in Microsoft Word

For those of us who do not have 2 monitors, and maybe even for those who do, have you ever wished you could look at 2 documents side by side? If so this tip is for you.

1. Open both of the files that you want to compare.
2. On the View tab, in the Window group, click View Side by Side.

- It should automatically default to Synchronous Scrolling which means you can scroll both documents at the same time, but if it doesn’t you can begin Synchronous Scrolling or stop it by selecting the following button.

- To close Side by Side view, click View Side by Side in the Window group on the View tab.
FASD Webinar, Interprofessional Continuing Education, University of British Columbia

Results from the FASD Changemakers Lay of the Land Survey #2: Equality vs. Equity

Thursday, March 18, 2021

The Adult Leadership Committee (ALC) of FASD have completed a 350+ question Lay of the Land Survey #2: What Really Matters - Life as We Live It of 450 adults with FASD. This new survey focuses on areas of everyday life for respondents.

CanFASD Research Network articles and resources

Characterizing adverse childhood experiences among children and adolescents with prenatal alcohol exposure and Fetal Alcohol Spectrum Disorder

Link to the abstract:

How to Explain an FASD Diagnosis to your Child

Bookmark and visit the CanFASD blog home page for all of the latest resources, articles, information on upcoming webinars, as well as links to past webinars. You can subscribe to the blog to receive notifications of new posts by email.

New Webinar: Supporting Caregivers - CanFASD

A new webinar with Dr. Brianne Redquest, the 2021 Dr. Sterling Clarren FASD Research Award winner, March 19, 2021 1:00 pm Eastern Time.

Diagnosing People with FASD using Telehealth - CanFASD

This is a summary of a recent research paper called Connecting People with People: Diagnosing Persons with Fetal Alcohol Spectrum Disorder Using Telehealth.

Top FASD Research Articles of 2020 - CanFASD

Announcing the list for the top FASD articles of 2020! Every January CanFASD does a literature search for research that was published within the previous year. This year the search revealed over 400 articles published on FASD in 2020. The final list was selected by a group of CanFASD staff, researchers and members of the Family Advisory Committee.
<table>
<thead>
<tr>
<th>Clinic Type</th>
<th>Clinic Name</th>
<th>Address</th>
<th>Zip Code</th>
<th>City</th>
<th>Province</th>
<th>Phone</th>
<th>Email</th>
<th>Contact Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child Clinic</td>
<td>Cumulative Risk Diagnostic Clinic (C)</td>
<td>Child Development Centre</td>
<td>Alberta Children's Hospital</td>
<td>2888 Shaganappi Trail NW</td>
<td>Calgary, AB</td>
<td>T3B 6A8</td>
<td>403-955-5878</td>
<td>Bernadette Jesse</td>
</tr>
<tr>
<td>Child Clinic</td>
<td>Siksika FASD Clinic (C)</td>
<td>Box 1130</td>
<td>Siksika, AB</td>
<td>T0J 3W0</td>
<td></td>
<td>403-734-5687</td>
<td>Vanessa Buckskin</td>
<td><a href="mailto:vanessab@siksikahealth.com">vanessab@siksikahealth.com</a></td>
</tr>
<tr>
<td>Adult Clinic</td>
<td>Central Alberta FASD Network Clinic (C)</td>
<td>#206-33 McKenzie Cres., Red Deer County, AB</td>
<td>T4S 2H4</td>
<td></td>
<td></td>
<td>403-342-7499, ext. 2</td>
<td>Allyssa deHeer</td>
<td><a href="mailto:adeheer@fasdca.ca">adeheer@fasdca.ca</a></td>
</tr>
<tr>
<td>Child Clinic</td>
<td>Pediatric FASD Clinical Services, (C)</td>
<td>Glenrose Rehabilitation Hospital</td>
<td>10230-111 Avenue</td>
<td>Edmonton, AB</td>
<td>T5G 0B7</td>
<td>780-735-8278</td>
<td>Diane Plouffe</td>
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</tr>
<tr>
<td>Child Clinic</td>
<td>Glenrose Adult FASD Assessment Clinic (A)</td>
<td>Glenrose Rehabilitation Hospital</td>
<td>10230-111 Avenue</td>
<td>Edmonton, AB</td>
<td>T5G 0B7</td>
<td>780-735-6166</td>
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<tr>
<td>Adult Clinic</td>
<td>Canadian FASD Diagnostic &amp; Training Centre (C) (A)</td>
<td>316 Kingsway Garden Mall NW</td>
<td>Edmonton, AB</td>
<td>T5G 3A6</td>
<td></td>
<td>780-471-1860</td>
<td>Morgan Dumville</td>
<td><a href="mailto:info@dvmassey.com">info@dvmassey.com</a></td>
</tr>
<tr>
<td>Adult Clinic</td>
<td>Centrepoint Young Offender Program (C)</td>
<td>Suite 701, 10242- 105 Street</td>
<td>Edmonton, AB</td>
<td>T5J 3L5</td>
<td></td>
<td>780-428-4524, ext. 227</td>
<td>Roxanne Pereira</td>
<td><a href="mailto:Roxanne.Pereira@ahs.ca">Roxanne.Pereira@ahs.ca</a></td>
</tr>
<tr>
<td>Child Clinic</td>
<td>Lakeland Centre for FASD (C) (A)</td>
<td>P.O. Box 479</td>
<td>Cold Lake, AB</td>
<td>T9M 1P3</td>
<td></td>
<td>780-594-9905</td>
<td>Tia Luedee</td>
<td><a href="mailto:tluedee@lcfasd.com">tluedee@lcfasd.com</a></td>
</tr>
<tr>
<td>Child Clinic</td>
<td>Northwest Primary Care Network (C)</td>
<td>Children and Youth FASD Diagnostic Clinic</td>
<td>11202-100 Avenue</td>
<td>High Level, AB</td>
<td>T0H 1Z0</td>
<td>780-841-3253</td>
<td>Cheryl Cunningham-Burns</td>
<td><a href="mailto:Cheryl.Cunningham-Burns@ahs.ca">Cheryl.Cunningham-Burns@ahs.ca</a></td>
</tr>
<tr>
<td>Adult Clinic</td>
<td>Northwest Regional FASD Society-Mackenzie Network (A)</td>
<td>Box 3668</td>
<td>High Level, AB</td>
<td>T0H 1Z0</td>
<td></td>
<td>780-926-3375</td>
<td>Kimber Lepensee</td>
<td><a href="mailto:clinic.fasdsociety@telus.net">clinic.fasdsociety@telus.net</a></td>
</tr>
<tr>
<td>Child Clinic</td>
<td>Complex Needs Diagnostic Clinic (C)</td>
<td>Wapski Mahikan Society, Alexander First Nation</td>
<td>Box 3479 Morinville, AB</td>
<td>T8R 1S3</td>
<td></td>
<td>780.853.7723</td>
<td>Amber Bell</td>
<td><a href="mailto:adbell@ualberta.ca">adbell@ualberta.ca</a></td>
</tr>
</tbody>
</table>

This clinic contact list is maintained and updated, and is in each Links newsletter. It is frequently sent to AB government stakeholders, CMC, upon request to research and other projects, such as the common data form project. Having your correct information is important to us. If there are changes to your clinic contacts (address, ph. number, coordinator changes), please email clinictraining@lcfasd.com. Please check your clinic contact information in this issue. Thanks!
FASD Assessment & Diagnostic Clinic
Contact List
Updated: March 2021

C | Child Clinic  A | Adult Clinic

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600 Signal Road
Fort McMurray, AB   T9H 3Z4
Phone: 780-750-6678
Contact: Marguerite Fitzpatrick
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NW Peace FASD Diagnostic Clinic (C) (A)
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Contact: Jen Duperron-Trydal
Jen@nwfasd.ca

Northern Association for FASD (C) (A)
P.O. Box 3334, 4826-51 Ave.
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   Fayla Vedres  fvedres@lfsfamily.ca

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Foothills FASD Assessment and Diagnostic Clinic (C) (A)
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Enviros Neurodevelopmental Assessment and Diagnostic Centre (C) (A)
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FASD Assessment and Support Services (C) (A)
Bridges Family Programs
477 Third Street SE
Medicine Hat, AB   T1A 0G8
Phone: 403-526-7473
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FASD.bridges@memlane.com

Our strength will grow through community