



# Rajani FASD Assessment & Diagnostic Clinic Training Services

*LINKS: A Newsletter for Alberta FASD Diagnostic Clinics*

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March 2022 Vol. 43

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Welcome to your LINKS quarterly newsletter! We want to acknowledge and thank you for continuing to adapt to ensure your services meet the needs of the individuals you serve. It is inspiring to learn, connect and knowledge share with you.

The goal of this newsletter is to connect Alberta FASD assessment and diagnostic clinics. If you and your team have updates to share such as changes in team members, adaptations to meet client/family/caregiver needs, a submission on an important topic in the AB FASD realm, or something that you're proud of, we'd love to hear them!!

We are grateful to the recipients of LINKS who forward the newsletter to your clinic team members. To connect with as many professionals as possible and make things a bit easier for you, we are shifting to an electronic newsletter. To Clinic Coordinators, primary contacts and Network Coordinators who are currently on the LINKS mailing list: we will be manually adding you to the electronic newsletter contact list. You will have the option to opt-out of the electronic newsletter when it is sent to you in June.

Please forward the newsletter to your clinic teams, who can subscribe directly to LINKS by clicking here:

<http://eepurl.com/hQeLcr>

If you are inspired, curious, have feedback, or want to continue a discussion further, please reach out to the Clinic Training Coordinators Kayla ([kvick@lcfasd.com](mailto:kvick@lcfasd.com)) and Amber ([abell@lcfasd.com](mailto:abell@lcfasd.com)).





## Farewell

**Tia Luedee** - Clinic Coordinator, Lakeland Centre for FASD

**Allyssa Deheer** - Clinic Coordinator, Central Alberta FASD Clinic

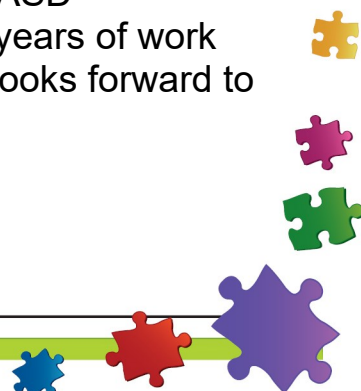
***Thank you for your dedication to the communities you serve and your contributions to the FASD assessment and diagnostic field!***

We would like to say another farewell to **Colleen Burns**, who has been integral to the success of Rajani FASD Assessment & Diagnostic Clinic Training Services. It is difficult to put into words the impact that Colleen has had on this program the past 10+ years. From resource development, participation in research, event planning and supporting Clinic Coordinators, Colleen has been a walking encyclopedia of FASD assessment and diagnostic knowledge. We wish Colleen the best as she transitions from her Clinic Training Coordinator role. Unfortunately, due to uncertainties relating to the pandemic, we could not say goodbye in person. Stay tuned as we recognize and celebrate Colleen's contributions through social media!

## Welcome



**Jane Robichaud:** Jane Robichaud (RSW) joined Alberta Health Services in November 2021 as a Social Worker II with the Northwest Primary Care Network. Part of her role will be coordinating pediatric FASD Assessment clinics. Jane comes with 10 years of work experience with Children's Services and looks forward to being a part of this multidisciplinary team!

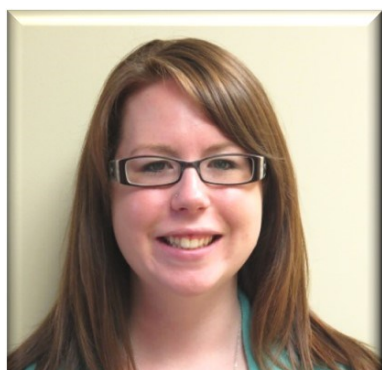




**Cate Rippon:** Cate joined the Enviros team as a second Clinic Coordinator in December 2021 to help deal with the increased demand for assessments. She has a MSc Social Work (Systemic practice) and an MA History and Politics. Cate has significant experience in the social services field and working with vulnerable populations. Cate is also a Director with Rocky Mountain Adaptive and enjoys outdoor recreational activities.



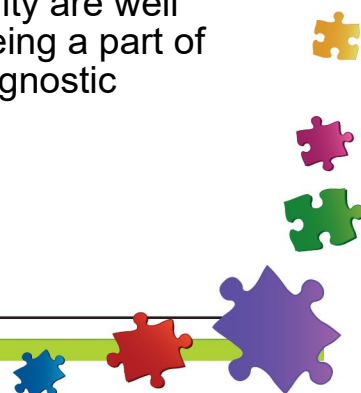
**Natasha Fernandes:** Clinic Assistant with Enviros NDC. Natasha started at Enviros NDC in January 2022. She has a BA Psychology and Sociology from Mount Royal University. She is a great asset to the team and has a passion for neurodevelopment specifically around FASD. Natasha is excited to continue her journey with Enviros and support clients and caregivers in the best way possible.



**Kendra Toporowski:** Kendra has been a team member with Lakeland Centre for FASD since 2015. During this time, Kendra has been in an outreach role with the Mothers-to-Be Mentorship program (PCAP). Kendra is excited to bring her experience to the Clinic Team as the Diagnostic Services Coordinator. Kendra is currently on Maternity Leave; congratulations to Kendra and her growing family!



**Dallas Mutch:** Dallas joined the Lakeland Centre for FASD's diagnostic team this month. Prior to this, Dallas worked frontline at the 2nd Floor Women's Recovery Centre in Cold Lake, Alberta. Dallas is a Registered Social Worker, who is passionate about ensuring that members of her community are well supported, and she looks forward to being a part of that process in her new role as the Diagnostic Services Coordinator.





## Clinic Spotlight

# KTC Child Health Multi-Disciplinary Assessment Team

*Submitted by Thomas Holmes, RPSYCH, Clinical Supervisor, Child Health Team*

KTC Child Health Multi-Disciplinary Assessment Team was developed to provide timely assessment services for children within Kee Tas Kee Now member nations. We serve Woodland Cree First Nation, Lubicon Lake Band, Loon River First Nation, Whitefish Lake First Nation, Peerless Trout First Nation and other child referrals for children through Jordan's Principal in Northern Alberta. Our team assesses children and youth ages 8 to 16 focusing on FASD and ASD primarily. Assessments are completed in the child's community, often avoiding long and stressful travel away from their home. Our community-based assessment provides substantive equality for nation children and their families. We use a multidisciplinary approach focused on cultural connectedness and the impact trauma has on child development.

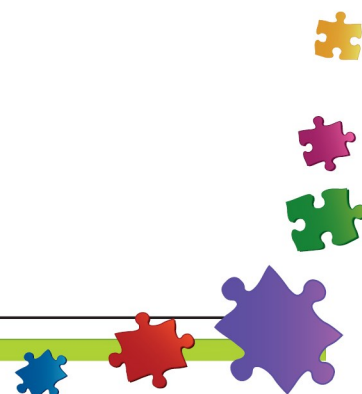




Rajani FASD Assessment & Diagnostic Clinic Training Services, with support from the Government of Alberta has a revised resource for you! Thank you to Colleen Burns for revising the resource, and the professionals who provided feedback to support the development of this guide. The Competency Framework will be released in April and will be emailed to all Alberta Clinic Coordinators. We hope you find the competency framework guide, and the 20 updated competencies to be a practical, useful resource for your clinics.

*A Competency Framework for FASD Assessment and Diagnostic Clinics* is an updated resource from the 2018 Best Practices Guide. An excerpt from the Guide: "The intent of this guide is to provide a framework from which diagnostic clinics can measure their strengths and weaknesses in attempt to provide the most effective diagnostic services and is based on a set of standards that are important for all clinics. Importantly, by developing a set of standardized "Best Practice" competencies, the end result will lead to increased consistency in diagnostic outcomes amongst clinics, and higher quality services to clients. This guide is not intended to say what clinics must do in a given set of circumstances; rather, it is intended to offer a broad guide to the scope of services that FASD diagnostic clinics may provide and the professional manner in which this can be delivered. Competencies are not written for every Standard of Practice.

An additional goal of this guide is to emphasize the importance of adopting the same set of diagnostic recommendations as described in the revised FASD diagnostic guideline. In this way, clinic staff can be assured they are using consistent approaches and criteria for FASD diagnoses and collecting accurate data."



# FASD Cross-Ministry Committee Council: Assessment & Diagnostic Council

In this section, we'd like to provide an overview of the Alberta FASD Cross-Ministry Committee Advisory Council: FASD Assessment and Diagnostic Council, as it is resuming this year.

The FASD Assessment & Diagnostic Council (Ax & Dx Council) began in 2014. It is an advisory council that seeks to provide improved accessibility for clinics, to facilitate connections and knowledge on research-based evidence to be translated into practice. The Ax & Dx Council works under the direction of the Council Terms of Reference.

## **Mission**

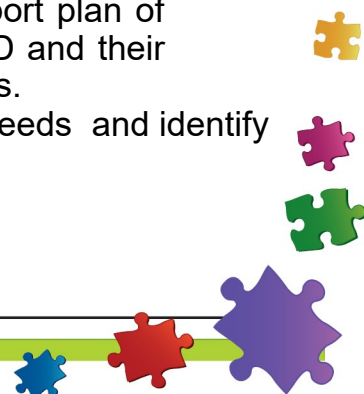
Alberta FASD Assessment and Diagnosis Council will strive to assist Alberta FASD Clinics in achieving excellence and consistency in clinic practices by anticipating future opportunities and needs with clinicians, policy makers other stakeholders.

## **Purpose**

The Council will enhance and encourage partnerships and provide opportunities for collaborations amongst stakeholders involved in FASD assessment and diagnosis.

## **Examples of activities of the Ax & Dx Council**

- Identifying gaps related to FASD assessment and diagnostic services within the province.
- Identifying current needs and anticipate clinic needs.
- Participating in guidelines for assessment and diagnosis of FASD.
- Advocating that information from the assessment informs a support plan of recommendations across all systems for the individual with FASD and their caregivers, including a plan for transition to adult services.
- Inform government and other key stakeholders of the clinic needs and identify possible solutions.



# RESEARCH & LEARNING OPPORTUNITIES

## New Research

CanFASD recently published their Top FASD Research Articles of 2021 [list](#). Featuring research conducted across various areas of FASD, this list is intended to highlight a portion of the great work being conducted in this field.

## Upcoming Webinars and Courses

CanFASD is currently planning a webinar for the month of May on providing culturally safe and responsive health services, with a focus on diagnosis. Follow CanFASD social media and newsletters for an announcement on the webinar date and registration details.

CanFASD is currently working on updated and publishing new online learning courses. Stay tuned for announcements on an updated Prevention Conversation Course this spring as well as two new course offerings: FASD for Community and Social Services Professionals and Substance Use Treatment Professionals and FASD.

## National FASD Database

The [National FASD Database \(DataForm\)](#) is a Canadian depository of patient-level data from individuals assessed for FASD across Canada. With nearly 30 Canadian FASD assessment and diagnostic clinics contributing data, the database has nearly 4,000 records and is considered one of the most comprehensive FASD databases in the world. Data included in the DataForm reflects the diagnostic profile of individuals with prenatal alcohol exposure and the spectrum of health and social issues they are experiencing. Importantly, the DataForm provides a Canadian database from which research questions can be answered and used to inform best practices and policies that address gaps in service delivery and ultimately improve outcomes for people with FASD.

The National FASD Database has resulted in multiple academic publications that have advanced the field of FASD research. Topics that have been published on include experiences of children in child welfare, the importance and impact of affect regulation, the prevalence and correlates of suicidality, and increased understanding of difficulties of daily living that individuals with FASD experience across the lifespan. As the database continues to grow, researchers can begin to ask and answer more complex questions about the experiences of individuals with FASD that will inform both practice and policy.

All Canadian FASD assessment and diagnostic clinics are encouraged to participate in DataForm. To learn more about DataForm, the benefits of contributing data, and to find out more on how to enroll your clinic, contact Andrew Wrath at CanFASD ([andrew.wrath@canfasd.ca](mailto:andrew.wrath@canfasd.ca)).

### International Opportunity

*Click the poster below to access the Forum website*





**Q4**

*Sharing Your Knowledge and Experiences*  
**QUARTERLY MEETING**



**APRIL 8, 2022**  
**9:00 AM - 11:00 AM**

**ONLINE ZOOM MEETING:**

Meeting ID: 876 4763 2622  
Passcode: 890719



**Special Presentation**  
**BEING GENDER INCLUSIVE,**  
in the work we do and in the communities  
in which we live.

**Guest Speaker**  
**DR. NANCY POOLE, PHD, LLD (HON.)**  
Centre of Excellence for Women's Health

Enjoy a morning of sharing,  
learning, and networking.

**Click to join ZOOM**

**Zoom Access:**

<https://us02web.zoom.us/j/87647632622?pwd=MzN2am5ySkY3TVNlQms4dnliMzUwQT09>

## FASD Assessment & Diagnostic Clinic

### Contact List

Updated: March 2022

**C| Child Clinic    A| Adult Clinic**

#### **Cumulative Risk Diagnostic Clinic (C)**

Child Development Centre  
Alberta Children's Hospital  
2888 Shaganappi Trail NW  
Calgary, AB T3B 6A8  
Phone: 403-955-5878  
Contact: Bernadette Jesse  
[Bernadette.Jesse@albertahealthservices.ca](mailto:Bernadette.Jesse@albertahealthservices.ca)

#### **Siksika FASD Clinic (C) (A)**

Box 1130  
Siksika, AB T0J 3W0  
Phone: 403-734-5687  
Contact: Vanessa Buckskin  
[vanessab@siksikahealth.com](mailto:vanessab@siksikahealth.com)

#### **Central Alberta FASD Network Clinic (C) (A)**

#206-33 McKenzie Cres.  
Red Deer County, AB T4S 2H4  
Phone: 403-342-7499  
Contact: Mikaela Kykkanen  
[mkykkanen@fasdca.ca](mailto:mkykkanen@fasdca.ca)

#### **Pediatric FASD Clinical Services, (C)**

Glenrose Rehabilitation Hospital  
10230-111 Avenue  
Edmonton, AB T5G 0B7  
Phone: 780-735-8278  
Contact: Diane Plouffe  
[Diane.plouffe@albertahealthservices.ca](mailto:Diane.plouffe@albertahealthservices.ca)

#### **Glenrose Adult FASD Assessment Clinic (A)**

Glenrose Rehabilitation Hospital  
10230-111 Avenue  
Edmonton, AB T5G 0B7  
Phone: 780-735-6166  
Contact: Bernadene Mallon  
[Bernadene.Mallon@albertahealthservices.ca](mailto:Bernadene.Mallon@albertahealthservices.ca)

#### **Canadian FASD Diagnostic & Training Centre (C) (A)**

316 Kingsway Garden Mall NW  
Edmonton, AB T5G 3A6  
Phone: 780-471-1860  
Contact: Morgan Dumville  
[info@dvmasey.com](mailto:info@dvmasey.com)

#### **Centerpoint Young Offender Program (C)**

Suite 701, 10242- 105 Street  
Edmonton, AB T5J 3L5  
Phone: 780-428-4524, ext. 227  
Contact: Roxanne Pereira  
[Roxanne.Pereira@albertahealthservices.ca](mailto:Roxanne.Pereira@albertahealthservices.ca)

#### **Lakeland Centre for FASD (C) (A)**

Box 479  
Cold Lake, AB T9M 1P3  
Phone: 780-594-9905  
Contact: Dallas Mutch  
[diagnostics@lcfasd.com](mailto:diagnostics@lcfasd.com)

#### **Northwest Primary Care Network (C)**

Children and Youth FASD Diagnostic Clinic  
11202-100 Avenue  
High Level, AB T0H 1Z0  
Phone: 780-841-3253  
Contact: Jane Robichaud  
[Jane.Robichaud@albertahealthservices.ca](mailto:Jane.Robichaud@albertahealthservices.ca)

#### **Northwest Regional FASD Society-Mackenzie Network (A)**

Box 3668  
High Level, AB T0H 1Z0  
Phone: 780-926-3375  
Contact: Kimber Lepensee  
[clinic@nwr-fasd.ab.ca](mailto:clinic@nwr-fasd.ab.ca)

#### **Complex Needs Diagnostic Clinic (C)**

Wapski Mahikan Society, Alexander First Nation  
Box 3479 Morinville, AB T8R 1S3  
Phone: 780-853-7723  
Contact: Amber Bell  
[adbell@ualberta.ca](mailto:adbell@ualberta.ca)

This clinic contact list is maintained and updated, and is in each Links newsletter. It is frequently sent to AB government stakeholders, CMC, upon request to research and other projects, such as the common data form project. Having your correct information is important to us. If there are changes to your clinic contacts (address, ph. number, coordinator changes), please email [kvick@lcfasd.com](mailto:kvick@lcfasd.com)  
Please check your clinic contact information in this issue. Thanks!

## FASD Assessment & Diagnostic Clinic

### Contact List

Updated: March 2022

**C| Child Clinic    A| Adult Clinic**

#### **Alberta Health Services/NEAFAN (C) (A)**

600 Signal Road  
Fort McMurray, AB T9H 3Z4  
Phone: 780-750-6678  
Contact: Marguerite Fitzpatrick  
[Marguerite.Fitzpatrick@albertahealthservices.ca](mailto:Marguerite.Fitzpatrick@albertahealthservices.ca)

#### **NW Peace FASD Diagnostic Clinic (C) (A)**

#204, 9805-97 Street  
Grande Prairie, AB T8V 8B9  
Phone: 780-533-5444  
Contact: Michelle Perron  
[michelle@nwfasd.ca](mailto:michelle@nwfasd.ca)

#### **North West Central FASD Assessment & Diagnostic Team (C) (A)**

Box 5389  
Westlock, AB T7P 2P5  
Contact: Sharon Pearcey  
(C) [sharonp@nwcfasd.ca](mailto:sharonp@nwcfasd.ca)  
(C) 780-284-3415  
Jenn Pasic  
(A) [jennp@nwcfasd.ca](mailto:jennp@nwcfasd.ca)  
(A) 780-974-7112

#### **Pediatric Specialty Clinic, (C)**

Children's Rehabilitation Services-Central Zone #  
300 Professional Centre  
5015-50 Avenue,  
Camrose, AB T4V 3P7  
Phone: 780-608-8622  
Contact: Lorraine McPhee  
[Lorraine.McPhee@albertahealthservices.ca](mailto:Lorraine.McPhee@albertahealthservices.ca)

#### **Prairie Central FASD Clinical Services (A)**

#205, 4917 50 Ave  
Camrose, AB T4V 0S2  
Phone: 587-386-0186  
Contact: Amanda Lindholm  
[a.lindholm@prairiecentralfasd.ca](mailto:a.lindholm@prairiecentralfasd.ca)

#### **KTC Child Health Multidisciplinary Assessment Team (C)**

KTC Health  
Box 120  
Atikameg, AB T0G 0C0  
Phone: 780-237-6238  
Contact: Thomas Holmes  
[childreferral@ktcadmin.ca](mailto:childreferral@ktcadmin.ca)

#### **Lethbridge Family Services-DaCapo Services (C) (A)**

FASD Assessment & Diagnostic Clinic  
1107-2nd Ave. "A" N.  
Lethbridge, AB T1H 0E6  
Phone: 403-320-9119  
Contact: Miranda Braun [mbraun@lfsfamily.ca](mailto:mbraun@lfsfamily.ca) (A)  
Fayla Vedres [fvedres@lfsfamily.ca](mailto:fvedres@lfsfamily.ca) (C)

#### **Alberta Hospital Edmonton-Turning Point Program (ages 12-21 yrs.)**

17480 Fort Road, Box 307  
Edmonton, AB T5J 2J7  
Phone: 780-342-5002  
Contact: Sherry Muscat, Reg. Psychologist  
[Sherry.muscat@albertahealthservices.ca](mailto:Sherry.muscat@albertahealthservices.ca)

#### **Foothills FASD Assessment and Diagnostic Clinic (C)**

Box 5146  
101, 520 Macleod Trail  
High River, AB T1V 1M3  
Phone: 403-652-4776  
Contact: Kathy Lambourn  
[Kathy.lambourn@foothillsfas.com](mailto:Kathy.lambourn@foothillsfas.com)

#### **Enviros Neurodevelopmental Assessment and Diagnostic Centre (C) (A)**

#220, 3115-12th St NE,  
Calgary, AB T2E 7J2  
Phone: 403-219-3499  
Contact: Holly Jopling and Cate Rippon  
[ndc@enviros.org](mailto:ndc@enviros.org)

#### **Mustard Seed FASD Clinic (A)**

1010 Centre St. SE  
Calgary, AB T2G 0V8  
Phone: 587-393-4020  
Contact: Erin Bareham  
[Erinbareham@theseed.ca](mailto:Erinbareham@theseed.ca)

#### **FASD Assessment and Support Services (C) (A)**

Bridges Family Programs  
477 Third Street SE  
Medicine Hat, AB T1A 0G8  
Phone: 403-526-7473  
Contact: Louisa Clapper  
[FASD.bridges@memlane.com](mailto:FASD.bridges@memlane.com)

*Our strength will grow through community*

